

## Newfoundland '91! A Blue Water Adventure Cruise

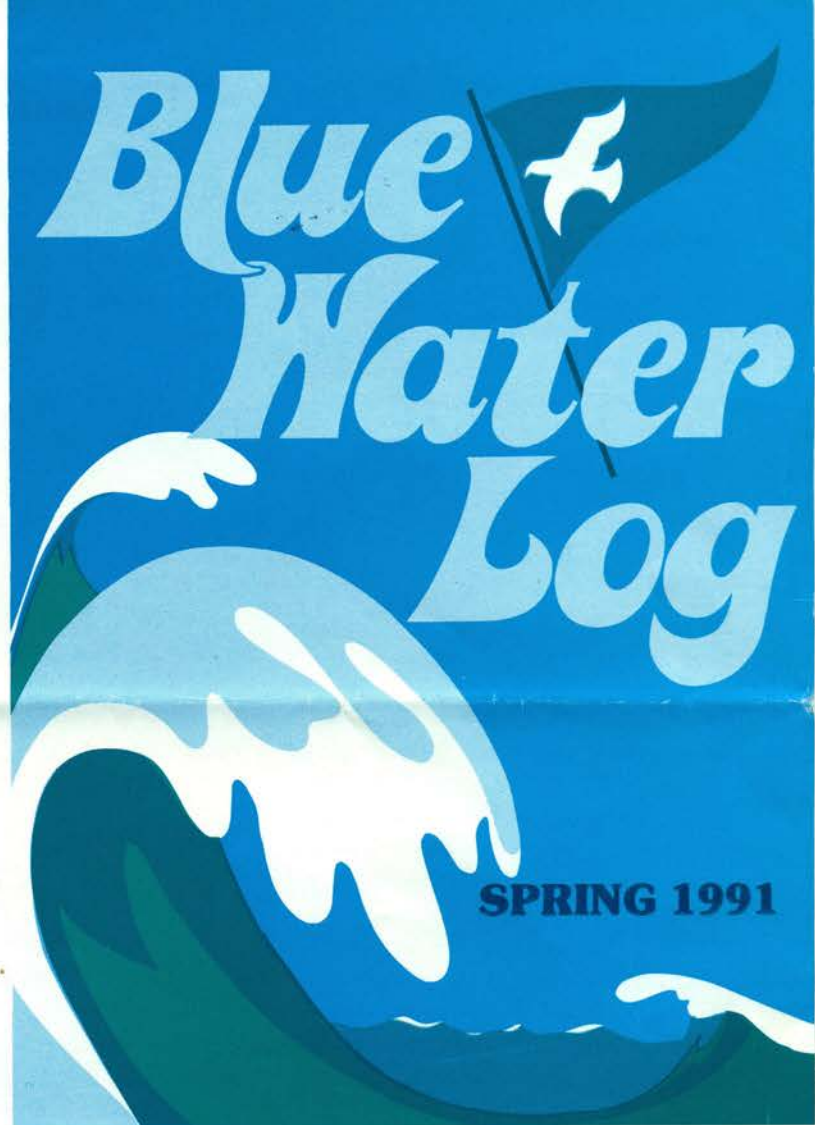
Wally and Cecily Feldman "*Bright Star*", have outlined what sounds like a spectacular cruise for Blue Water sailors who have the time and inclination for such an adventure. It will take the participating boats to a part of the world that most of us have only read about.

The cruise departs Massachusetts on June 29th with plans to clear customs in Shelburne, NS and then to rendezvous and *really* begin the cruise in the Bras D'Or lakes at Baddeck. From there the destination will be the southern coast of Newfoundland (Breton Harbor) with a stop en route at St. Pierre (France).

Wally has planned for two glorious weeks to cruise in the bays and fiords of southern Newfoundland working eastward toward the vicinity of Port aux Basques. Waterfalls, ghost towns, all sorts of spectacular scenes are described in the Cruising Guide. Throughout the cruise, there have been accommodations for and indications of places for crew changes.

By July 26th, after nearly a month, the "short timers" can head back to Ingonish (Cape Breton), the Bras D'Or and homeward. Remaining boats will depart for Cap-aux-Meules and Isle de la Madelaine. The schedule is intended to be flexible and to allow extra laydays for bad weather, etc., while still permitting leisurely coverage of some interesting and beautiful places.

An itinerary was recently mailed to the 20 skippers on the "Newfoundland Interest list". Anyone not on that list who is interested should contact Wally at 518/563-3892.



Wally Feldman with the "Newfoundland Interest Group" at the fall meeting.



## Our Commodore

The 1990-1991 BWSC Commodore, Louis Sebok, is a sailor of many waters. At age 16 he "sailed" a self-made river raft down the Danube to Transylvania. He and his best friend survived on whatever they caught along the way during the month long summer vacation. Louis built and rowed kayaks. Later he raced Star boats on Lake Balatou, the Hungarian Sea, and sometimes took two girls along in place of one heavyweight crew. Long distance racing on 30 Metre's won him prestigious prizes. Later he sailed for fun on the Black Sea.

After the 1956 Hungarian uprising, that 34 years ago started what has finally become a reality today: freedom in that small country, Louis lived and worked in England for a year. While there at IBM, he sailed in Lightnings and 420's of friends. He and his wife Anna (one of the girls from the sailboat), moved to Boston in 1957. The sailing bug remained with them so much, that while awaiting the birth of his second child, Louis spent the weekend sailing a Blue Jay with his two year old daughter. Soon Cape Cod became the permanent summer spot for the family and boats came in all shapes and sizes from hand-made dinghys to an



*Our Commodore. BWSC Flag Officers at installation. From Left, Jules Siegel, Vice Commodore; Louis Sebok, Commodore; Harvey Goldfarb, Rear Commodore; Peter Van Roekens, Immediate Past Commodore.*

O'Day 15, Laser, Windsurfers, 16 foot runabout, Tartan 30 "Blue Bird", and most recently the "Big Bird", a Moody 425.

Both of Louis' kids were water rats from babyhood and are accomplished racers now as adults. Louis dedicates his life 150% to his job (presently Marketing

Director at R.R. Donnelly), another 150% to his family and another 150% to BWSC and the Bermuda Race Committee. He just wishes that there were 3x36 hours in a day to do it all.

And now, with the summer around the corner, lets hope our Commodore will find some time for sailing with us.

## Marion-Bermuda Race, Set to Start June 28th

The 8th biannual Marion-Bermuda Cruising Race, sponsored jointly by BWSC, Beverly Yacht Club and Royal Hamilton Amateur Dinghy Club gets underway with a spectacular mass of sails on Buzzards Bay on Friday, June 28th. The start in itself is a "happening" and any of you who can make it to Marion should be there to see the excitement. Many BWSC members have actively supported the organization and management of this year's event. The 1991 Committee includes BWSC members Joe Barr, Sherb Carter, Norm Doelling, Dieter Empacher, Joe Fantasia, Jim Hayes, Paul Hodess, Herb Marcus, Dennis Moran, and Louis Sebok.

Blue Water will be well represented in the racing fleet with nine boats currently entered; Allegiance (Alan Dunnigan), Early Light (Michael Gardner), Polaris (Richard Gargiulo), Reality (Charles Krahmer), Right Choice (Joseph Gonda), Shambles (James Hayes), Sizzlin (Edward Haddad), Walkabout (Bartlett Paulding) Zephyr II (John Noble).

In addition to our boats and their owners, many of our members will be crewing on the way down and/or back. A partial list includes, Jerry Bernella, Paul Bloom, Paul DeWinter, Norm and Jean Doelling, Dieter Empacher, Allan McLean, Jerry Marcus, Jack Ryan, and Louis and Anna Sebok.

For those arriving in Bermuda by race boat or any other means, you are cordially invited to a cocktail party at the RHA Dinghy Club on June 28th. Prizes will be awarded on June 29th and we look forward to BWSC bringing home the usual cache of silver.



## Provisioning for the offshore passage

Contributed by Ellie Hayes, "Shambles"

These ideas were used for the 1988 St. John passage as well as numerous Bermuda passages. Elly feels that the important elements are ease of preparation aboard, nutrition and safety. Whenever possible, on a short offshore passage, avoid using the top of the stove with its possibility of scalds and burns. These are foods that all can be made ahead, frozen, wrapped individually and when hungry can be eaten hot or cold out of your hand. They were used with rave reviews from Carina's crew en route to St. John in 1990.

**Eggs in pouch.** Small pita bread, eggs, sausage, grated cheddar cheese. Remove sausage from casing and fry. Scramble eggs (1½ serving) and fry with sausage, not too dry, then sprinkle with grated cheese. Cut pita half way around and spoon mixture into pita. Wrap in foil and freeze. Can be done w/o a freezer on ice only aboard to store. Heat foil package in oven and eat out of hand. Tastes like it was just made! (really)

**Egg McMuffins.** Toast english muffins, fry or scramble eggs, add ham and cheese, assemble, wrap and freeze. The egg meals really needed to be heated. Reheat all meals right in foil, fold back and eat.

**Calzone.** Use frozen bread dough or make your own. Spread out into a rectangle about 10" x 12". Spread pre-sliced pepperoni all over the dough, add shredded cheese, canned mushrooms, salsa and roll up jelly roll fashion. Coat with egg/water mixture and bake in oven 'til golden. Serve cold for lunch or hot for dinner. You could use ham, turkey, chicken, ground beef and other vegetables you like. On Carina, we made individual calzones.

**Turkey Rolls.** Turkey breasts, stuffing mix, cranberry sauce. Prepare stuffing mix. Pound turkey breast thin. (I used heavy plastic bag and shop vise!) Spread with cranberry sauce, put stuffing on each and roll up. Secure with string if desired. Bake until done, wrap and freeze. Good hot or cold.

**Chicken Rolls Cordon Bleu.** Pound chicken breasts. Lay on slice of ham and cheese, roll up and tie. Roll in margarine and bread crumbs and bake. You can make gravy or serve plain. Could also use cheddar cheese and broccoli.

**Ham Rolls.** Roll 2-3 pieces of ham around asparagus, wrap in crescent rolls and bake until done. Elly served with hollandaise.

After making all of the above, I really began to get creative and used crescent rolls (use 2 to make a rectangle) and filled them with spinach and feta cheese, ham and cheese, ground beef and spaghetti sauce etc. I made all meals for 6 people for 3 days ahead, and we dined like kings!

Other offshore suggestions: Elly put vegetables in nylon stockings with a knot between each and hung them in lockers. When ready, cut from bottom. Bananas and tomatoes kept for 3 weeks. Cabbage and lettuce can be kept in the bilge if you have room. Use margarine in plastic squeeze containers for ease of use.



Three generations of Blue Water members. Sarah Kostishack, daughter of Dan and Elaine Kostishack, "Winterhawk"; Mary Ann Kramer, "Omega Express"; Vale and Hilda Marvin (founding members).

## Herb Marcus "Silkie"

"We just called it the wave!!!"

Herb's watchword is "don't get lazy, look ahead and anticipate potential problems. Avoid getting exhausted. He also stressed the need for lee boards and suitable clothes for sea. He related an episode where batteries came loose and presented a potential serious problem. The group all contributed tales or other advice on the necessity to secure your boat batteries. On a Bermuda trip, his boat and crew were amazed by the sight of a huge rogue wave that lifted them skyward and mercifully broke behind them. This makes one have proper respect for the sea!

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## Gerry Marcus "High Time"

"Things got wet that never got wet before."

Gerry and other members of Joe Goldman's October trip offshore from Massachusetts to Tortola, shared anecdotes about what can happen when one has had many successful and relatively easy passages under one's belt and then encounters extreme weather that required the type of "survival" preparation outlined above. "Escales" encountered high winds and very heavy and turbulent seas. The dinghy, lashed to the deck but not deflated, broke loose. Sails from an earlier sail change were lashed to the deck in preparation to being used again broke loose and everything suddenly became a mess. The boat took on water through an anchor locker, gear and food stored in the bilge got wet, labels washed off and the pumps were clogged and the cleanout was almost inaccessible. "Escales" had a competent crew who were able to handle the events but the boat had to put into Bermuda before continuing on to Tortola. Gerry suggests the need to be completely familiar with the operation of the radio in unfamiliar waters. If possible, tape record weather messages for later study and "translation", you may be too busy to digest it at the time of broadcast. A tuned antenna whip not mounted on the mast may be better than a backstay antenna. Keep your topsides as clear and clean as possible!

All of the anecdotes and tales of excitement at sea and suggestions from experienced sailors were welcome words to skippers and crew alike even if we never plan to encounter such conditions!



## Bob Gould "Free Spirit"

*"If you haven't fallen off a horse, you haven't ridden."*

Bob told of a 1988 trip to Bermuda in a Bristol 32 where he encountered Force 8-10 winds much of the way. He felt that a big problem to be aware of is the need to have adequate clothing to avoid loss of body heat. His crew was cold and plagued with nausea. His boat suffered a 120 degree broach. The boat did have an emergency masthead strobe which they were glad to have. There was concern about the security of the ship and the people on board in this extreme weather system at sea in a small boat. He did recommend using two clips in the safety harness (as did other BWSC members in attendance) for safety in changing location and for stability when working forward with the need to have two hands free. Bob ran jack lines from bow to mast and mast to stern. He feels that a storm trysail is a "must" and recommends double lashing the dinghy to the deck.

## Diane McCormack

*"We always try to avoid the conditions that 'Free Spirit' encountered!"*

Diane has made two Transatlantic passages with 2 adults and three children ages 7, 9 and 11. They spent up to two years at a time afloat. She feels that one should be cautious and never pressed for time. Be alert and watch for the squall line to be able to batten down and shorten sail. On board, the crew checked the ship every watch for signs of wear or chafe. The closest they came to losing the boat was not at sea, but in a harbor in Spain where other boats began to break free of their moorings. She assured the group that "50 knot winds are fun in open sea!" Diane stressed preparation before you leave, constant checking en route of the weather and rigging and the ability to make repairs.

## Fly Your BWSC Burgee

Are you not flying your burgee because it's old and tattered? Replace it with our new, more durable model and fly it proudly from the masthead (unless you are a Flag Officer who flies his flag at the masthead and the burgee at the star-board spreader!). New burgees are available in two sizes from Peter MacDonald.



*Offshore Experiences. This group collectively share all of the offshore experiences we only want to hear about! From Left, Bob Gould, Louis Sebok, Diane McCormack, Gerry Marcus, Herb Marcus.*

## Offshore Experiences

This evening seminar held at the home of Gerry and Judi Marcus in March was a resounding success and was very well attended in spite of the fact that the scheduled "expert" speaker was unable to attend. In true Blue Water tradition, Gerry assembled an impressive group of in-house "experts" who shared their experiences and recommendations to those assembled.





*Southern Cruise 1990 formed a "Star Raft" in Long Island, a spectacular sight!*

## **Clear Skies and Fair Winds Forecast for Maine and Southern Cruises**

Your response to our cruise questionnaire indicates that once again we will have a large and active group participating in these events. This year, the cruises will take us as far east as Northeast Harbor, Maine and as far west as Long Island, New York. Cruise details are well developed and will soon appear in your mail with registration information. Please be considerate and make the job of our chairpeople a little easier. You will assure reservations and a listing in the cruise brochure by responding promptly.

Keep in mind that we encourage you to invite guests to go along on these cruises. This is an excellent opportunity for introducing potential new members to our membership. Instructions for handling guest registrations will be included in cruise information mailings.

*Southern Cruise Chairmen:* Ralph Alter and Elaine Sacco. August 4-17.

*Maine Cruise Chairmen:* Russ and Wendy Kingman. July 14 – August 4.



*Dan and Elaine Kostishack won many races in "Sascha" in 1990. We hope they will do even better in their new CC 44 in 1991.*

## **July 4th Mini Cruise**

John and Barbara Donovan are chairing a 3 day July 4th holiday cruise in Buzzards Bay and Vineyard Sound. Details are in the mail to all members and John has asked for responses by June 18th so he can plan for the shore events. Please help by responding on time. This weekend usually guarantees good weather and has always guaranteed good fellowship. Hope we see a good turnout for all or part of the mini-cruise.



## Coast Guard Captain's License

For those members who might wish to pursue qualifying for a Coast Guard issued Captain's License, the BWSC is preparing to offer a one-evening seminar outlining the route to a license. The evening will cover the different types of licenses (Captain, Six-Pack, Inland, Near Ocean, Ocean Waters, etc.) as well as the kinds of hands-on experience required for them. There will be an outline of paperwork forms required to be filed with the Coast Guard and subjects that will appear on the examination. The evening will also contain an overview of any additional requirements such as a general physical, First Aid and CPR certificates. There is considerable effort required to qualify *but* many BWSC members have, or should have, the necessary experience and knowledge to obtain said license.

This first seminar would cover the topics listed above and also provide a discussion of how to proceed toward obtaining a license and the benefits of holding an active license. We will also explore how BWSC can participate in encouraging and facilitating a group approach toward licensure. This could be followed by a series of seminars in the fall and winter to make the preparation painless and fun.

Please contact *Dick Freeman*, 617/729-5126, if you would be interested in attending the seminars or if you have any questions or suggestions about how to get the best training package at the least cost to our members. *Remember . . .* if your insurance rates are not receiving any credits, or if you sometime might want to deliver a boat for a 3rd party, or would like the satisfaction of knowing you qualified for a license, or may someday want to consider crewed chartering with your own boat, then this is for you!

## Membership Drive Continues

BWSC continues to actively seek new members who will contribute to and benefit from the club's activities. You, the active club members, are our primary connection to these potential new members and we encourage you to recommend for membership, your friends and associates.

Qualifications are straightforward and defined in our yearbook. Applications are available from Earle Michaud, Chairman of the Membership Committee, who can answer any question you may have concerning eligibility, procedures, fees, etc.

### Welcome Aboard

Welcome aboard to new BWSC members and their families. When you see them afloat or at Club events, make yourselves known and make them feel at home.

Peter and Janet Blaupied,  
"Belle"

Murray and Anne Copp,  
"Dune"

Kenneth and Barbara Eldred,  
"Ammersee"

Bradley and Kathleen Enegren,  
"Liberty"

Warren and Donna Higgons,  
"Moomba"

William and Susan Hogan,  
"Shanty"

Fred and Anne Kern,  
"Gannett"

Robert and Carol Kessler,  
"Dawn Treader"

Paul and Susan Lavoie,  
"Anemone"

Paul and Betsy LaBonte,  
"Bet-Sea"

Helene Marshall

Arthur and JoAnn McMahon,  
"Family Affair"

Bartlett and Constance Paulding,  
"Walk About"

Joseph and Patricia Ribaud,  
"Impulse"

Haskell and Bernice Saxe,  
"Trilogy"

Richard and Rosalyn Siegel,  
"Beautiful Dreamer"

Barry and Margo Steinberg,  
"Dragonfly"

John and Adrienne VanAmsterdam,  
"Sunchaser"

Herbert and Ruth Weiss,  
"Windpower"

William and Donna Whittaker,  
"Windsong"

### Destination Edgartown — October 12, 13, 14

Hosts: Jerry Bernella and  
Alice Bladen, "Kabua"

If you enjoy the idea of "just one more good sail" and uncrowded accommodations, this is for you! Join us at Edgartown for the last 3 day weekend of the boating season.

*Saturday, October 12th.* Sail to Edgartown and "do your own thing". Woods Hole current favorable (starts) 7:21 A.M. Vineyard Sound favorable (starts) 10 A.M.

*Sunday, October 13th.* Plan to go ashore early with other BWSC members and enjoy the island. Go sightseeing by bus, bicycle or moped. (Our 20 mile bicycle ride last year was great fun, however some of us would like it a little shorter). 4:30 P.M. — Cocktail Party aboard "Eerie Winds". BYOB and small snack please. NOTE. Many fine restaurants are open for lunch and dinner.

*Monday, October 14th.* Homeward bound. Maybe an informal race to Woods Hole? Vineyard Sound favorable 5:32 A.M. Woods Hole favorable 3:43 A.M.